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the kitchen

By Joan Pinkham

When a group of women take the time to go through their files in search of their favorite recipes, you know the inevitable result will be a mouth-watering collection. That's just the way it was when the Moms of the Ella F. Osborne Elementary School of Norwell sent out an appeal for contributions to the cookbook they were compiling. The result? 'My Favorite Thing,' and it's great. Inside the plastic, loose-leaf cover, you'll find two hundred pages of delicious recipes I can't begin to catalogue. Just for teasers, I'll mention a few, though it won't be easy to choose. Among the more unusual are bagels, taco salad, pesto, beef chowder and this recipe for Joanne Lawrence's called

MUSHROOM SOUFFLE

3 T butter or oleo
2 small onions, chopped
2 eggs
2/3 c. packaged bread crumbs [Pepperidge Farm Stuffing]
3/4 c. milk
3/4 c. light cream
1 tsp. salt
1/4 tsp. pepper
1 lb. fresh mushrooms [chopped coarsely]

Saute onions in butter. In 1 1/2 qt. casserole beat eggs. Mix in crumbs, milk, cream and seasonings. Let stand



until crumbs absorb liquid. Blend in mushrooms and onions. Bake at 350 for 60 to 70 min., uncovered, until set. Joanne suggests this can be made a day in advance and used as a main meal for two, or in place of potatoes or rice along with meat and vegetables for four serving.

What better way to start the fall season than with a new cookbook? Jaded appetites perk up with the coming of cooler weather and the kitchen seems more appealing. Co-chairmen of this ambitious undertaking were Mrs. Edmund Dilorio, Mrs. Ronald Dolan and Mrs. Edward Lowe. There were 15 on their committee and drawings were done by Mrs. Dolan and Robert MacKinnon, Jr. Maureen Prince did the honors at the typewriter. All deserve a medal for a terrific job. This recipe alone is worth the price of the book and is from Barbara Slupski.

TWINKIE TORTE

1 c. chocolate bits
2 T water
4 pkg. Twinkies
3 egg yolks, 3 egg whites
2 T sugar
1/2 pt. heavy cream

Melt chocolate bits and water. Cool. Add yolks one at a time, beating well after each addition. Fold stiffly beaten whites to which sugar has been added, to chocolate mixture. Beat cream stiff and fold into chocolate mixture. Cut Twinkies in half lengthwise. Make layer of Twinkies in pan,

cut side up. Pour mixture over top. Sprinkle with pecans. Refrigerate overnight.

Dale Dilorio is the one to call if you wish a copy of 'My Favorite Thing,' for she has copies at her Lincoln St. home. Two hundred books will be set aside for sale at 'Introduction Night' at the school to be held the 27th, so hurry! Here is Leah Kean's recipe from the Appetizer and Beverage chapter, called:

CHEDDAR CHEESE PIE

1 10 oz. can green chili peppers [not hot]
1 lb. mild Cheddar cheese
3 T cream or milk
1 T chili-pepper juice
1 egg

Line a 9" pie plate with peppers. Shred cheese and place on top of peppers. Mix cream, pepper juice and egg and pour over cheese. Bake at 350 for 40 to 45 min., until golden. Leah says this can be prepared well in advance and is great for entertaining.

Sea Subject

Residents of Plymouth County will be interested in a program coordinated by the M.I.T. Sea Grant Program and Plymouth County Extension Service at the South Shore Natural Science Center Thursday, Sept. 20, at 8 p.m.

Mike Sikora, 4H Community Resource Development Specialist, will be the speaker. He will also include a question and answer session.

Admission is free.

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